

The Trail Center

The Trail Center is a non-profit volunteer organization formed in 1983 to provide and promote quality non-motorized trail opportunities for all people in San Mateo, Santa Clara, Santa Cruz, Alameda and San Francisco counties. The Trail Center works with government agencies, outdoor enthusiasts and other interested parties to create and manage an interconnected network of trails for the five-county region. The Trail Center has maps and books about Peninsula trails available for sale, publishes The Trail Companion, which includes an activity schedule, and organizes trail buildings and repair projects.

The Board of Directors meets every month on the third Thursday at 6:30 at the Peninsula Conservation Center

Board of Directors:

Dea Smith	President
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Address:

3921 East Bayshore Road
Palo Alto, CA 94303

Telephone:

(650) 968-7065

Web Site Address:

www.trailcenter.org

Trail Companion:

Scott Heeschen Editor

Activity Schedule:

Tim and Pat Oren Editors

Ch-ch-changes

From the Editor

Oooooh, different color paper, different typefaces, even a different layout! I figured the first issue of the year ar,coun-

Lyme Disease News

by Geoffrey Skinner

Lyme disease (LD), an infection caused by *Borrellia burgdorferi*, a type of bacterium called a spirochete, is one of the hazards facing anyone who spends time in the outdoors in California and Oregon, as well as many other parts of the country (the highest concentration of incidence is the Northeast states). LD is spread by the bite of the Western black-legged tick and is only one of a number of tick-borne illnesses that have been identified;

fortunately most others, such as Rocky Mountain spotted fever, are rare in our area.

Although not

Kids and Families

Hidden Villa

Weekend Farm Tours offered every Sunday. For youngsters but fun for all ages. Meet the animals & vegetables that live on the farm. 11AM-1PM. Call (650) 949-8653 for reservations one week in advance. Fee.

Coyote Point Museum

Always has interesting exhibits for families! Call to see what's there now. General museum admission: \$3 adults, \$2 seniors and students (13-17), \$1 children

Parent/ Infant Hikes in Edgewood Park
Sierra Club Family Outings meets 1st and 3rd
Wednesdays at 10:30AM for a 2-3 mile hike at easy
pace accommodating infant needs. Parents with 2-9
month old infants in carrier, snugly, sling or pack.
Boots recommended. Meet at the main Edgewood
Park entrance on Edgewood Road 1 mile east of Hwy
280. Call Laura Harter (650) 364-8216 for information or reservations.

erate pace, approx. 9:30am-3:00pm. This watershed tour is restricted access rule; fee of \$6.20 per person; reservations req'd. Bring lunch, water, and a jacket. Group size is limited to 25. Call Elizabeth Heath at (415) 391-9300 for reservations.

March 21 - Sunday

PESCADERO CREEK COUNTY PARK with the Santa Cruz Mtns. Trail Assn. Meet at the Wurr Road parking lot for a 14-15 mile loop. The hike visits Butano ridge and returns on the Pomponio Trail. Call Ken Margiott (707) 964-1249 or Martin Donald (650) 966-1984.

March 27 - Saturday

STILE RANCH with the California Native Plant Society. Stella Yang leads this return to trip to Stile Ranch 3 weeks after the first. A good chance to observe the flowering succession. See description for Mar. 6th. Directions: from Highway 85 south, exit Almaden expressway south. Proceed to end where you turn right onto Harry. Right quick, McKean Rd comes up on the left. Turn Left. Continue about 1 mile, left turn on Fortini. Go to end, left turn on San Vicente. Parking lot is on the right about 300 feet. Meet 10am. O25. ~~March 27~~ - S8nday

Bicycling Events Off-Road and On-Road

February 20 - Saturday

GOLDEN GATE RIDE in SF and Marin Counties with the Greenbelt Alliance. Ride from the Golden Gate to Paradise Drive. Moderately paced, 45 mile ride, with less than 1000 foot elevation gain, approx. 9:30am-2:30pm. Discover remote backroads while learning about Go Greenbelt!, our annual bike tour. Reservations req
d on all Greenbelt outings; call voice mail at (415) 255-3233.

February 21 - Sunday

BERRY FALLS in Santa Cruz County with the Greenbelt Alliance. Enjoy one of the Bay Area's most spectacular waterfalls nestled in the redwoods. This ride is easy. 22 miles, less than 1000 foot elevation gain, approx. 10:30am-4:30pm. Reservations req
d on all Greenbelt outings; call voice mail at (415) 255-3233.

3rd SUNDAY ADVANCED ROMP RIDE in El Corte de Madera. We'll leave at 9:30 from the Skeggs Point lookout on Skyline Blvd, approximately 5 miles north of the Hwy 84/Skyline intersection. This advanced ride will be filled with technical challenges. 15 miles, 2800 foot elevation gain. HELMETS REQ'D for all ROMP rides. Call James Sanchez for more info, (650) 812-2540 (north) TJT* 80 -2.4 TD[(February 21 - Sund)54(a)

ian thistle in a state park won't be possible if the open space preserve next door is full of more thistle.

While future meetings may focus on technical aspects of restoration, this first meeting addressed issues of a general nature, with the keynote address by Jake Sigg, State President of the California Native Plant Society (CNPS), Chair of the CNPS Exotics Committee, and past president of the CNPS Yerba Buena Chapter, who spoke on his personal odyssey of going from an indiscriminate gardener to a passionate restorationist of native plants. Sigg stressed that restoration wo2 0sea2T*inls126Ahe Calif

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Hike - Lookout Point at Villa Montalvo

by Bob Kelly

One of the closest hikes into the hills west of Santa Clara Valley is Villa Montalvo Arboretum and County Park. The Park is outside Saratoga off highway 9 on Montalvo Rd. The entrance is easily recognized by the flanking stone pillars and sign for Montalvo Performing Arts Center. Take Montalvo Rd. 7/10 of a mile up to the one way

Upcoming Trail Build Dates:

February 20 - Castle Rock State Park

March 20 - Castle Rock State Park

April 10 - Jasper Ridge Biological Preserve

Added attraction - Wildflower walks are planned for after the trailbuild!

April 24 - California Trails Day at Arastradero Preserve

June 5 - National Trails Day at Castle Rock State Park



The Trail Center
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building, preserving and promoting local trails